

### **Relay Leg Breakdown:**

Leg 1: Start Line to Port View Park (6.5 miles)

Leg 2: Port View Park to Mandela & 28<sup>th</sup> St (6 miles)

Leg 3: Mandela & 28<sup>th</sup> St to Lincoln Square Park (5.7 miles)

Leg 4: Lincoln Square Park (11<sup>th</sup> & Harrison St) to Finish at Eastshore Park (8 miles)

### **Relay Exchange Details:**

#### *Transportation*

- Leg 1 runners will start at Eastshore Park and will be taken by bus back to the finish line after running their leg of the relay.
- Leg 2 runners will take a bus to the Exchange area from the start line. When you finish your leg at Mandela & 28<sup>th</sup> St you can either walk or take the shuttle to the West Oakland BART station and take that to 12<sup>th</sup> St station. From there shuttles will run continuously back to Eastshore Park and Celebration Village.
- Leg 3 runners should take BART to the West Oakland station and there will be a shuttle taking runners up to the Exchange area at Mandela & 28<sup>th</sup> St. When finished with your relay leg, you will walk to the 12<sup>th</sup> St BART station to take the shuttle bus back to Eastshore Park.
- Leg 4 runners can take the BART to either Lake Merritt or 12<sup>th</sup> St BART station and walk to the Exchange area at Lincoln Square Park on 11<sup>th</sup> St. Your relay will finish at the Finish Line!

#### *Schedule*

- 6:30am – Buses depart from MacArthur Blvd & Grand Ave to Relay Exchange #1 for Leg 2 runners (Port View Park)
- 8:10am – First bus of runners depart Port View Park for Eastshore Park
  - Buses will continue to load runners of Leg 1 and once full will return to Eastshore Park for dropoff
- 7:30am – 10:00am – 1 dedicated shuttle that will transport runners to/from Relay Exchange #2 to the West Oakland BART station. (Leg 2, 3 runners)
- 5:30am-2:00pm: Shuttle buses will run continuously between the following stops;
  - Eastshore Park (Lakeshore Blvd & Beacon St)
  - Downtown Marriott (11th & Broadway)
  - 12th St BART Station