

2019 Team Relay Info

Relay Leg #1 – ~7 miles

Start: Eastshore Park

Finish: 3rd & MLK

Transportation: Runners will be shuttled back to Eastshore Park after completing Leg 1.

Relay Leg #2 - ~8.2 miles

Start: 3rd & MLK

Finish: Turnaround at the end of the Bay Bridge

Transportation: Runners will be shuttled **to the start** of Leg 2 and **will be shuttled back** to Eastshore Park after completing Leg 2 from the end of the Bay Bridge.

Relay Leg #3 - ~5 miles

Start: Turnaround at the end of the Bay Bridge

Finish: Mandela Pkwy southbound (After turn off of 32nd St)

Transportation: Runners will be shuttled **to the start** of Leg 3 and **will be shuttled back** to Eastshore Park after completing Leg 3 from Mandela Pkwy.

Relay Leg #4 - ~6 miles

Start: Mandela Pkwy southbound (After turn off of 32nd St)

Finish: Eastshore Park

Transportation: Runners will be shuttled **to the start** of Leg 4 and will finish their leg at Eastshore Park

Bus Schedule

1st Run (Depart 6:45am): From Eastshore Park to 3rd & MLK (brings Leg 1 runners back)

2nd Run (Depart 7:15am): From Eastshore Park to the end of the Bay Bridge (brings Leg 2 runners back)

3rd Run (Depart 7:45am): From Eastshore Park to Mandela Pkwy (brings Leg 3 runners back)