

| Marathon Timeline Start Time - 7:00am | First Runner Expected Pace = 6:00min/mile | Last Runner Expected Pace = 15:00 min/mile | | Half Marathon Timeline Start Time - 9:00am | First Runner Expected Pace = 5:00 min/mile | Last Runner Expected Pace = 15:00 min/mile |
|--|--|---|--|---|---|---|
| Mile 1 | 7:06:00 AM | 7:15:00 AM | | Mile 1 | 9:00:00 AM | 9:15:00 AM |
| Mile 2 | 7:12:00 AM | 7:30:00 AM | | Mile 2 | 9:05:00 AM | 9:30:00 AM |
| Mile 3 | 7:18:00 AM | 7:45:00 AM | | Mile 3 | 9:10:00 AM | 9:45:00 AM |
| Mile 4 | 7:24:00 AM | 8:00:00 AM | | Mile 4 | 9:15:00 AM | 10:00:00 AM |
| Mile 5 | 7:30:00 AM | 8:15:00 AM | | Mile 5 | 9:20:00 AM | 10:15:00 AM |
| Mile 6 | 7:36:00 AM | 8:30:00 AM | | Mile 6 | 9:25:00 AM | 10:30:00 AM |
| Mile 7 | 7:42:00 AM | 8:45:00 AM | | Mile 7 | 9:30:00 AM | 10:45:00 AM |
| Mile 8 | 7:48:00 AM | 9:00:00 AM | | Mile 8 | 9:35:00 AM | 11:00:00 AM |
| Mile 9 | 7:54:00 AM | 9:15:00 AM | | Mile 9 | 9:40:00 AM | 11:15:00 AM |
| Mile 10 | 8:00:00 AM | 9:30:00 AM | | Mile 10 | 9:45:00 AM | 11:30:00 PM |
| Mile 11 | 8:06:00 AM | 9:45:00 AM | | Mile 11 | 9:50:00 AM | 11:45:00 PM |
| Mile 12 | 8:12:00 AM | 10:00:00 AM | | Mile 12 | 9:55:00 AM | 12:00:00 PM |
| Mile 13 | 8:18:00 AM | 10:15:00 AM | | Mile 13 | 10:00:00 AM | 12:15:00 PM |
| Mile 14 | 8:24:00 AM | 10:30:00 AM | | | | |
| Mile 15 | 8:30:00 AM | 10:45:00 AM | | 5K Timeline Start Time - 7:30am | First Runner Expected Pace = 5:00 min/mile | Last Runner Expected Pace = 15:00 min/mile |
| Mile 16 | 8:36:00 AM | 11:00:00 AM | | Mile 1 | 7:35:00 AM | 7:45:00 AM |
| Mile 17 | 8:42:00 AM | 11:15:00 AM | | Mile 2 | 7:40:00 AM | 8:00:00 AM |
| Mile 18 | 8:48:00 AM | 11:30:00 AM | | Mile 3 | 7:45:00 AM | 8:15:00 AM |
| Mile 19 | 8:54:00 AM | 11:45:00 AM | | | | |
| Mile 20 | 9:00:00 AM | 12:00:00 PM | | | | |
| Mile 21 | 9:06:00 AM | 12:15:00 PM | | | | |
| Mile 22 | 9:12:00 AM | 12:30:00 PM | | | | |
| Mile 23 | 9:18:00 AM | 12:45:00 PM | | | | |
| Mile 24 | 9:24:00 AM | 1:00:00 PM | | | | |
| Mile 25 | 9:30:00 AM | 1:15:00 PM | | | | |
| Mile 26 | 9:36:00 AM | 1:30:00 PM | | | | |